

Supporting Finnish Youth: Inner Wheel's Enduring Impact Through the Life Education Finland Foundation

For over 25 years, Life Education Finland Foundation has been Inner Wheel Finland's dedicated national project – a powerful initiative focused on the health, wellbeing, and empowerment of children and young people. What began as a vision within Finnish Inner Wheel clubs has grown into an impactful educational program reaching tens of thousands of children annually across the country.

In 2024, the foundation reached over 27,000 children with its unique health education sessions delivered in schools and kindergartens. The program emphasizes early intervention, strengthening self-esteem, understanding the human body, and making informed life choices related to nutrition, rest, movement, and substance abuse prevention. These sessions are interactive, age-adapted, and always delivered by specially trained educators.

Inner Wheel's role remains central. Local clubs not only support the foundation financially, but they have also helped maintain visibility and credibility across regions. In many communities, Inner Wheel is the reason these valuable sessions are made possible.

In a world where children face evolving societal challenges, the foundation is responding. In collaboration with the UK-based Coram Life Education, new tools and educational content are constantly developed. This includes addressing modern threats to youth such as digital addiction, peer pressure, and exclusion. Through Coram's research and shared pedagogical development, the foundation now integrates wellbeing games, digital learning resources, and new materials for both students and parents.

As one Inner Wheel member remarked, "This is truly our own project. It is our way of making a lasting difference in children's lives."

The feedback from schools and families speaks volumes: 98% of teachers found the content age-appropriate and in line with the curriculum. Nearly 90% of students felt the lessons taught them something meaningful about health and wellbeing.

New initiatives are underway – from antiracism education workshops to pedagogical materials for vulnerable families and weekend camps for children in need of social support. These projects show how Inner Wheel's legacy continues to grow, meeting new needs while remaining firmly committed to the welfare of every child.