



Seminars

Friday September 13

15:30-16:30 PROPOSAL 17 - a LUCKY NUMBER for INNER WHEEL?

Sissel Höihjelle Michelsen, Lörenskog IWC, pNR Norway

16:45-17:30 MATFRISK, mat som kan förebygga cancer/ FOOD AND CANCER how to understand what scientists tell us.

Kokboken Matfrisk tilldelades andrapris i The Gourmand World Cookbook Award 2013.

Överläkare och kokboksförfattare Lars Beckman, Sundsvall

Saturday September 14

9:30-10:00 International Inner Wheel, from a grass root perspective

Birgitta Svensson, Hörby IWC

10:10-10:25 Presentation of Inner Wheel Iceland

Sigrun Aspelund, Gardar IWC, DP D 136

Stefania Borg, Reykjavik IWC, DS D 136

10:30-10:40 Inner Wheel Women for Europe, Mars 2014 in Esbo Finland
"Let's leave our Children a Sustainable Planet"

Hannele Karhunen, Espoo-Tapiola IWC, IIW Board Member 2013-2014

10:45-11:00 IIW Convention 2015 in Copenhagen, Denmark

Lene Krüger Schade, Års IWC, NR Denmark

Annalise Larsen, Sønderborg IWC, pNR Denmark